

## Session 3 Continued

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### Developing a Productive Workspace

**Eesha Sasumana**, *Texas Business Healthcare Association*

Learn about how to streamline processes and create a more productive environment for your student group.

- SAC 3.112

### Leadership and Self Care: 7 Practices to Enhance Well-being and Prevent Burnout

**Katy Reed**, *Counseling & Mental Health Center*

Sustaining a meaningful life in leadership can be exhausting. Join this session to learn 7 strategies for taking care of yourself over the long haul.

- SAC 3.116

## Keynote Speaker

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*Kevin Lilly*

*M.B.A., Southern Methodist University (1988)*

*B.B.A., University of Texas at Austin (1982)*

Kevin J. Lilly is a managing partner at Avalon Advisors. Prior to forming Avalon, Kevin spent five years in Morgan Stanley's Private Wealth Management Division. From 1989 to 1996, he was with Goldman Sachs' Private Wealth Management Division, first in New York and then in Houston. Kevin served as a Captain in the United States Army as a tank platoon leader and had one overseas deployment. He was appointed by Governor Rick Perry in 2009, to serve as a Regent of the Texas State University System until 2015.

Kevin has published articles on Project Finance and Military Tactics and has served as an Endowment Trustee and member of the executive committee of the Houston Symphony Board of Directors and as a Trustee of the Houston Museum of Natural Science. He is a former Trustee of the National World War II Museum in New Orleans. Kevin currently serves as a Colonel in the Texas State National Guard where he commands the 8th Civil Affairs Regiment headquartered in Houston. In 2017, Kevin was appointed by Texas Governor Greg

## Presented By:

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The University of Texas at Austin  
**Leadership and Ethics Institute**  
*Office of the Dean of Students*

Texas Leadership  
**SUMMIT**

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*Office of the Dean of Students*

## About the Summit

The Texas Leadership Summit is a free leadership development conference open to all students at The University of Texas at Austin. The Summit provides a unique space for student leaders to develop and refine leadership competencies through engagement in experiential workshops, breakout sessions, and networking. This diverse community of leaders affords each participant the opportunity to build relationships and identify areas of collaboration to positively impact The Forty Acres.

## Agenda

10:00 – 10:15 a.m. .... Registration — SAC Ballroom  
10:15 – 10:45 a.m. .... Welcome & Networking — SAC Ballroom  
10:50 – 11:45 a.m. .... Breakout Session 1  
11:50 a.m. – 12:45 p.m. .... Breakout Session 2  
12:50 – 2:05 p.m. .... Lunch and Keynote — SAC Ballroom  
2:05 – 2:45 p.m. .... Roundtables — SAC Ballroom  
2:50 – 3:45 p.m. .... Breakout Session 3  
3:45 – 4:00 p.m. .... Closing — SAC Ballroom

## Breakout Session Options

### Session 1 (10:50 – 11:45 a.m.)

#### Mindful Conversations: Strategies for Leaders

**Patty Prado**, *Dell Medical School*

Come ready to chat with your peers and practice mindful approaches to strengthen your conversation style. Leaders understand the importance of every conversation and how to maximize opportunities to connect, motivate, and impact others.

- SAC 2.120

#### Strength-Based Leadership

**James Dial**, **Isaiah Carter**, **Naseem Shafei**, **Julianna Masabni**,  
*Texas Wranglers*

Tired of struggling to transform your weakness and not knowing how to capitalize on your talents? This session on SBL will introduce you to a new school of thinking backed by decades of research which shows the key to being a more effective leader is knowing and growing your strengths.

- SAC 2.302

#### Servant Leadership: Shifting the Focus of Leading Your Team

**Ross Rodriguez**, *Recreational Sports*

This presentation will shift the focus of leadership from the leader to those being led. We will explore servant leadership and other practices to inspire our teams to reach their full potential.

- SAC 3.106

#### Leadership in Civic Life

**Emily Einsohn Bhandari**, *Annette Strauss Institute for Civic Life*

Research shows that communities with strong indicators of civic health have higher employment rates, stronger schools, better physical health, and more responsive governments. Future leaders who attend this session will gain a deeper understanding of the current state of civic life in Texas and will explore how they can play a role in helping our communities thrive.

- SAC 3.112

#### Building for Success

**Jensen Soderlund**, *Texas Rising*

Learn how to maximize the success of your organization or project with strategies for effective recruitment and retention of members.

- SAC 3.116

## Breakout Session Options

### Session 2 (11:50 a.m. – 12:45 p.m.)

#### Let's Play! Leading and Inspiring Creativity and Risk Taking through Games

**Kouang Chan**, *Office of the University Ombuds*

This session takes a hands on approach to exploring creativity and fun as a vehicle for inspiring innovation in a group. Sometimes we forget that novel ideas are sparked by failed experiments. So let's play and innovate.

- SAC 2.120

#### Class Project to Dream Job: Starting a Company in College

**Kristen Carson**, **Brian Alford**, *UT Alumni - President*,  
*Simply International*

Join me as we discuss the benefits of starting a company in college, the resources that I used and the (many) pitfalls that I fell into as I started Simply International. Simply International was started as a class project in 2008, where I learned the partical steps to turn my dream into a reality.

- SAC 2.302

#### Leadership in a Cosmopolitan World

**Inaara Jamal**, *Ismaili Muslim Students Association*

Explore the potential of institutional success when diversity is actively sought out and embraced. This session is dedicated to understanding and enhancing emotional intelligence to facilitate stronger interpersonal relationships.

- SAC 3.106

#### Communicating the Complicated and Controversial

**Laura Hallas**, **Ellie Breed**, *The Daily Texan*

Whether navigating opposing opinions amongst members or articulating information about your organization, student leaders must be able to clearly and effectively communicate their ideas. Daily Texan editors will apply lessons from the newsroom to these challenges, and offer specific strategies for developing cohesive and informed messaging.

- SAC 3.112

#### Values & Ethical Leadership

**Rhea Adhikary**, **Mahima Ginjupalli**, *Leadership and Ethics Institute*

In this workshop, participants will learn about their personal values and how to use those as a foundation for their decision-making skills as a leader.

- SAC 3.116

## Breakout Session Options

### Session 3 (2:50 – 3:45 p.m.)

#### It's Not You, It's Me: A Guide to Personal Accountability

**Hannah Covington**, *Recreational Sports*

Imagine a workplace that eliminates blame, victim thinking, procrastination and complaining. Sounds impossible, right? It all starts with "me!" Dive into "Question Behind the Question" by John G. Miller to learn how personal accountability creates leaders at every level.

- SAC 2.120

#### Student Leader Panel: Lessons from Experienced Leaders

**Dave Dessauer**, *Leadership and Ethics Institute*

This panel session features leaders who will share first hand advice for becoming a successful student and leader on the Forty Acres. Featured panelists include: Rachel Diebner (*President - Texas Orange Jackets*), Alejandrina Guzman (*President - Student Government*), Laura Hallas (*Editor-in-Chief - The Daily Texan*), Gregory Ross (*President - Texas Blazers*), Kenny Young (*President - Undergraduate Business Council*).

- SAC 2.302